

The Perfect Worksheet - September 2025

For regular readers, the rules remain the same. For new readers, there are two sets of rules. One set of rules that I will place to get you started. The second set of rules you have to create yourself and experiment and practice, not just on paper trades, but with real funds. Though the actual experiment with real funds should with minimal amounts for the first few years. Learn to crawl first. Then to stand. And then walk. And eventually jog, with an occasional sprint.

My Rules:

1. Be completely honest with yourself. I have never been big on Vegas. But I know of a couple of Vegas guys. Every time they come back from a visit to Vegas, they tell me how much they won. I think to myself, "How is that all who come back from Vegas, always come back a winner?" Clearly they have not learned to be honest with themselves.
2. Go one page at a time, and you do not get to go to the next page unless the current page has been fully filled in
3. You have the luxury of going back to prior pages to double check or even correct your prior mistakes or wrong decisions.
4. You can use a pencil (for us old timers) so you can erase the mistakes on the prior pages.
5. You can NEVER peek into the next page unless all the prior pages have been written in
6. Each page has room for two sets of entries. One entry is the actual paper trade you will make. The second entry is "What Your Mind Thinks Will Happen In The Next page."
7. My hope is that over time of some months/years, you will stop thinking. Thus eliminating the second entry of "What You Think Will happen Next."

Your Rules:

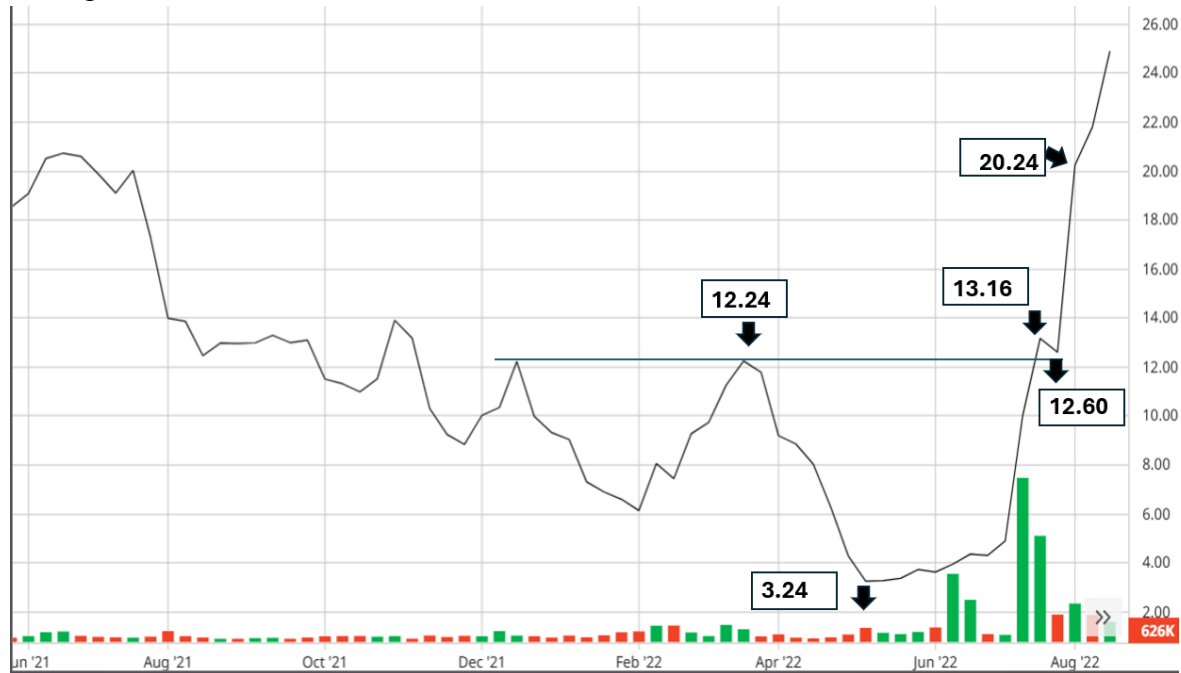
1. Fix your test buy (experimental buy) DOLLAR amount and do not ever deviate from this amount
2. Fix your fixed loss per each entry
3. Fix your pyramid buy rules – and never deviate from these
4. Every buy must immediately (instantaneously) place a stop
5. Any other rules you want to make beforehand, make them now otherwise you will be lost when it comes to decision time which occurs at every fork in the road.

And now, let's get started.....

*Oh, by the way, the TICKER is hidden until the very end (last page). That is the only way to remove the inbuilt bias. **Highly recommend doing just 1 page per day.***

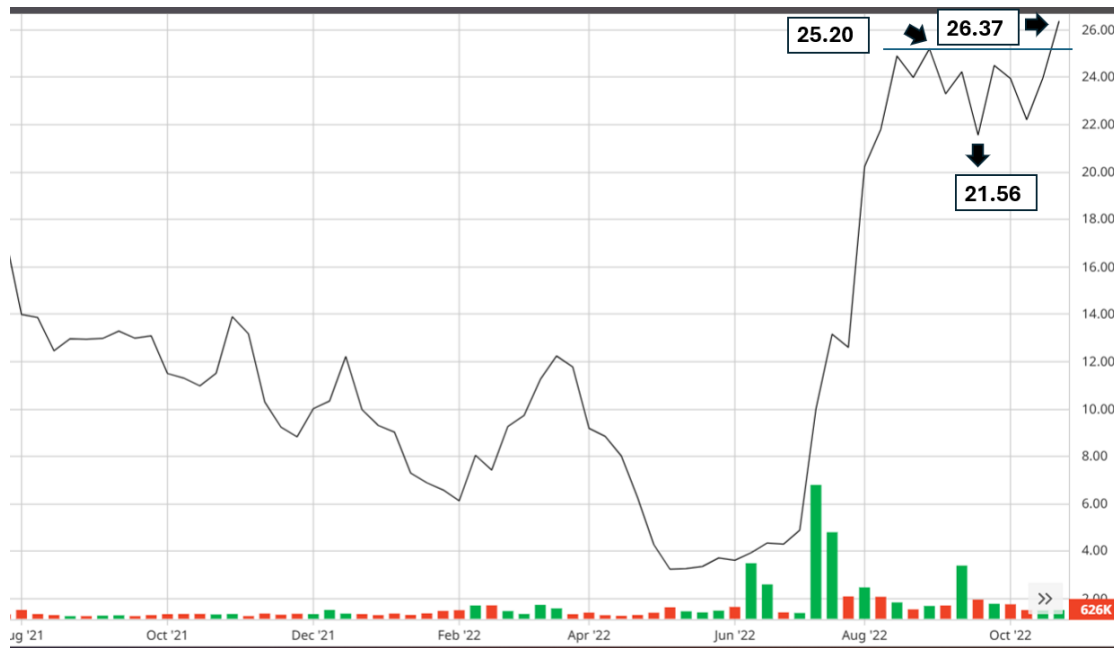
First, learn to keep only the best stocks on your watchlist. “Best” in terms of what it looks like on a chart. You will have to rely on your **observation** skills. No need for any research on ratings offered by paid services or even unpaid services. No need for financial, fundamental or technical analysis. Those are fake information offered to make you feel superior and feed your ego that you are super smart. I am sorry to say, we are all fools, not excluding me and you. Nobody is smarter than the stock.

This is the set-up phase – when the stock first showed up on your radar. This point onwards I offer no clues as the stock does its job and offers you plenty of details to make all the right decisions. But the challenge is to make the right decisions at the right time.

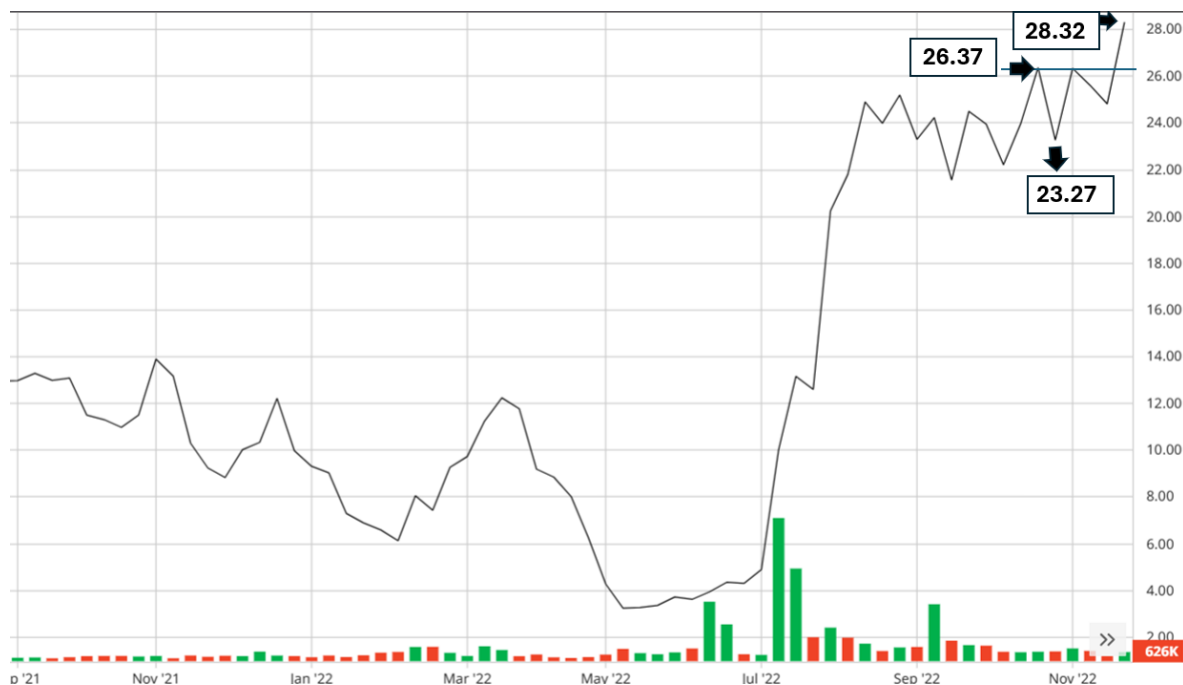


My Trades (if any)	I Think This Happens On The Next Page

Some time later....now on, each page will be “sometime later...” We are going chronologically, showing each fork in the road on this stock’s journey.



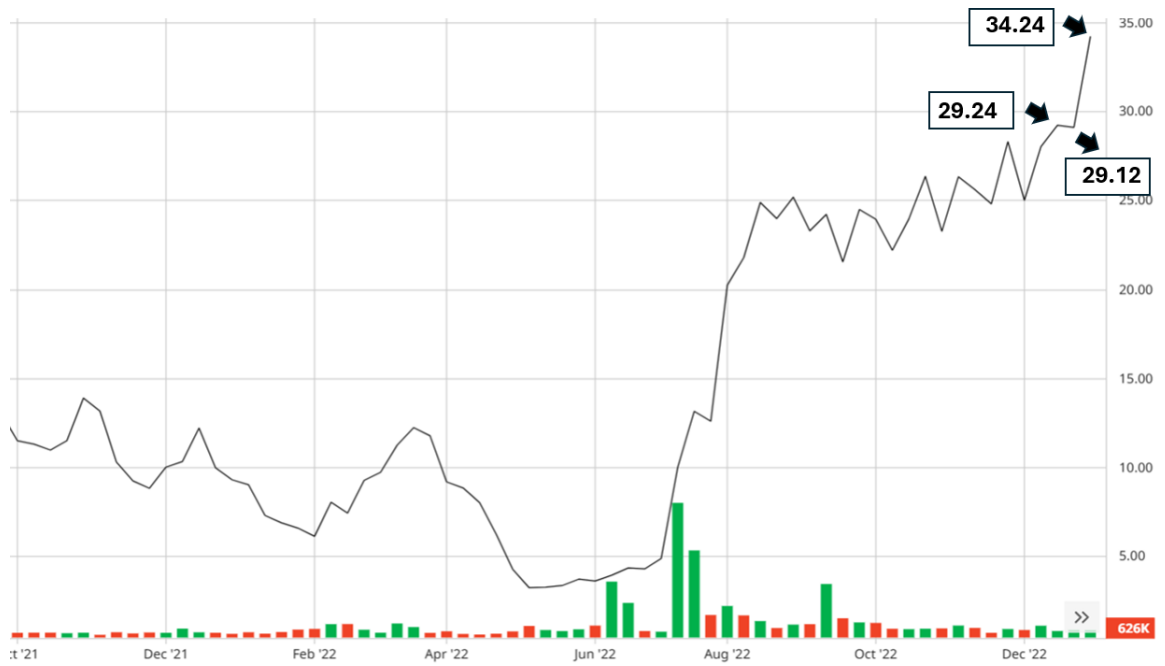
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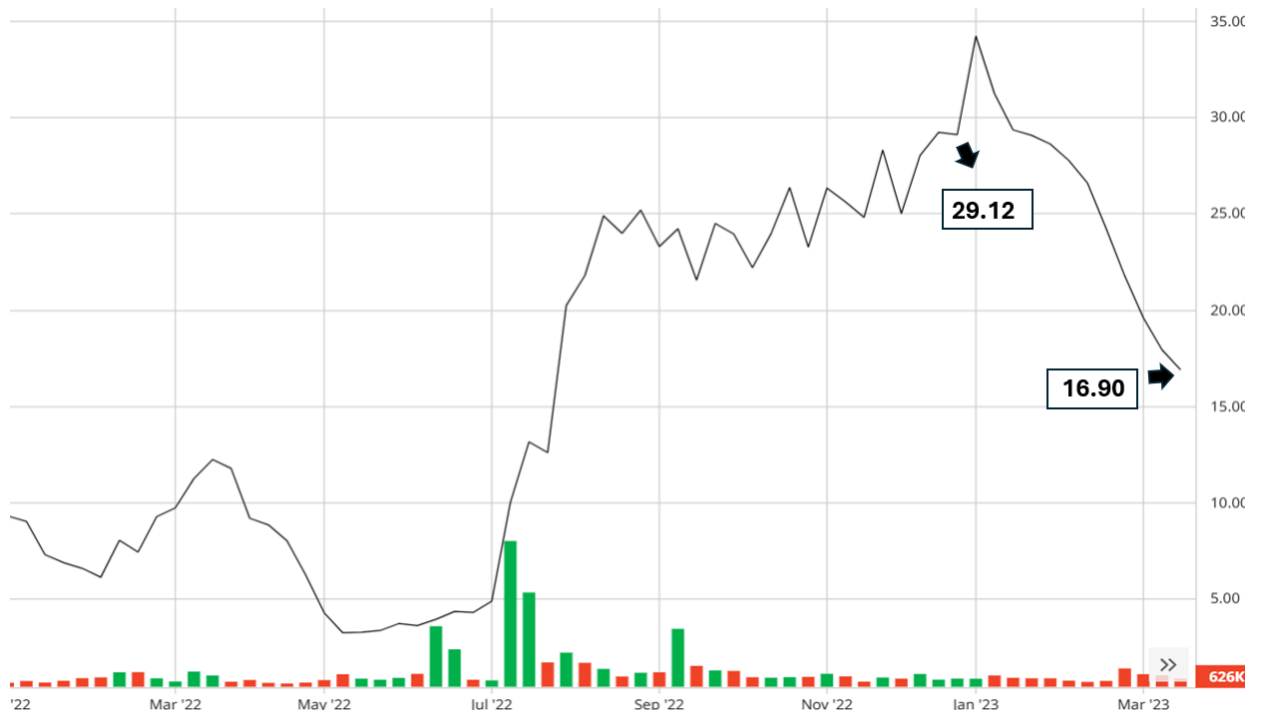
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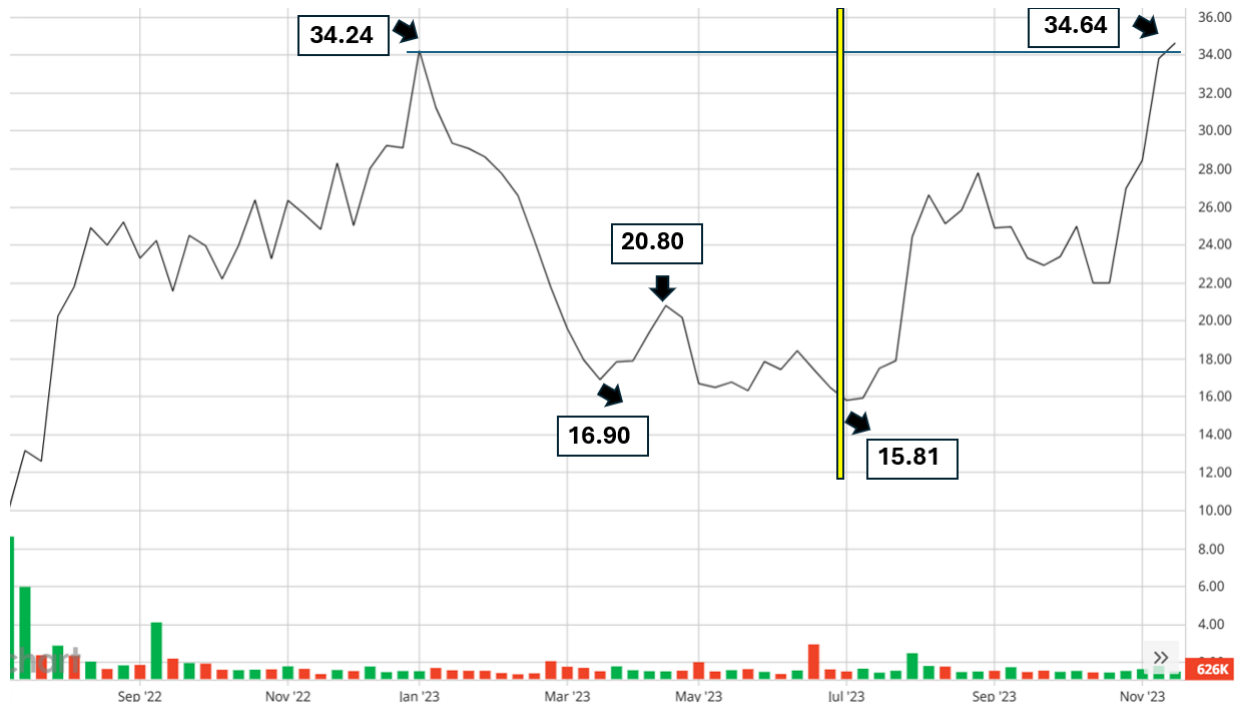
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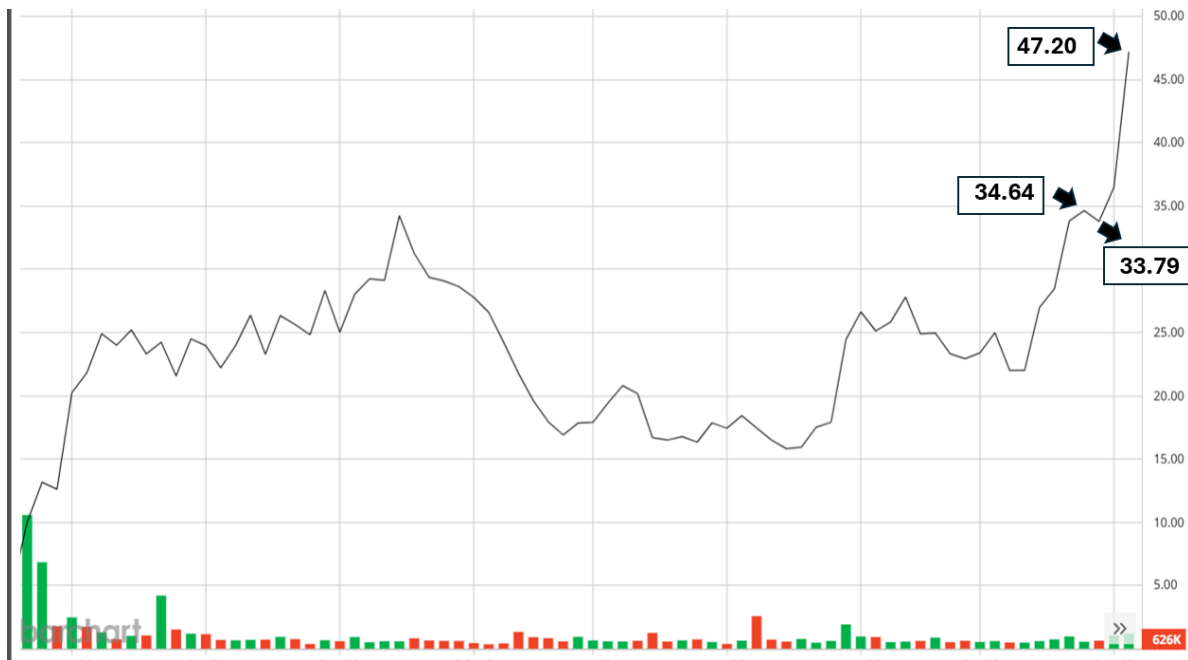


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As an aside = What if you had been shown this chart only until Jul 2023, when it pegged the low of 15.81 as shown by the yellow vertical? Cover the area on the right of the yellow vertical and what do you observe?

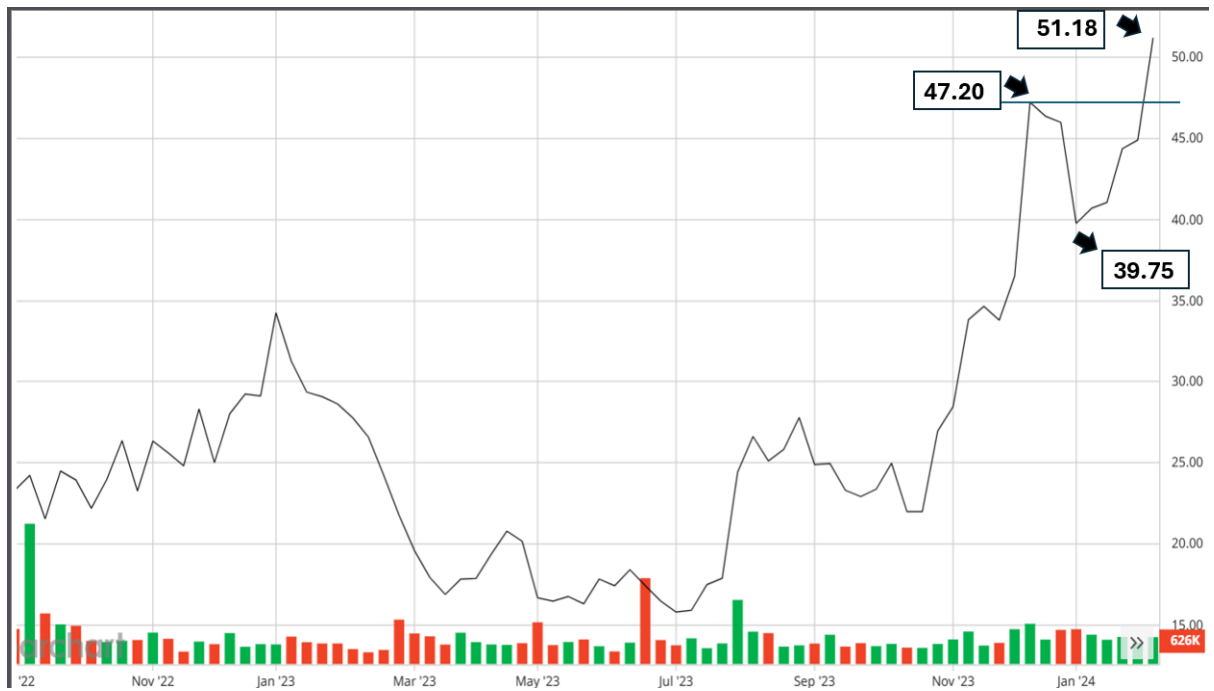
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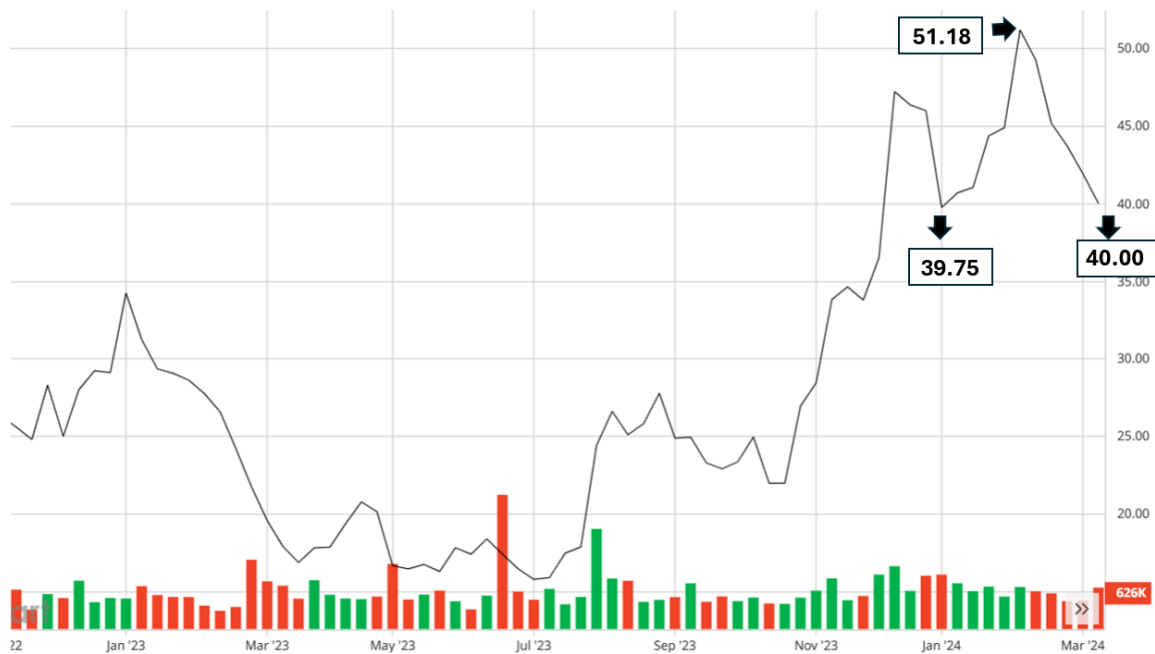
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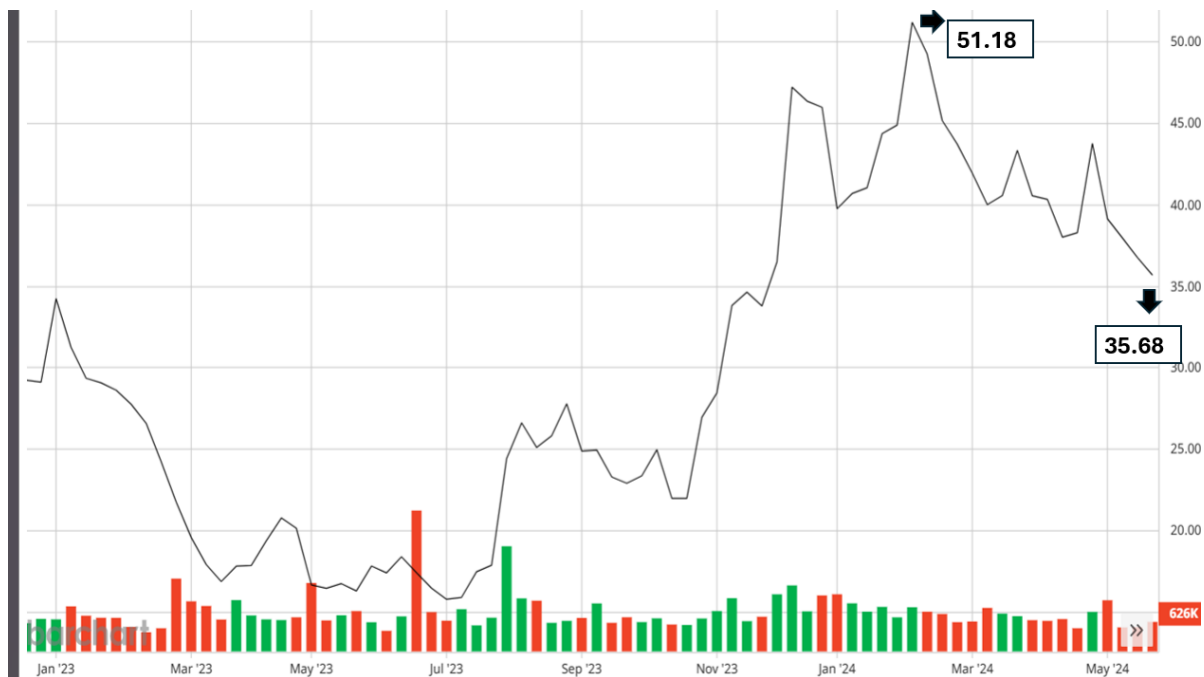
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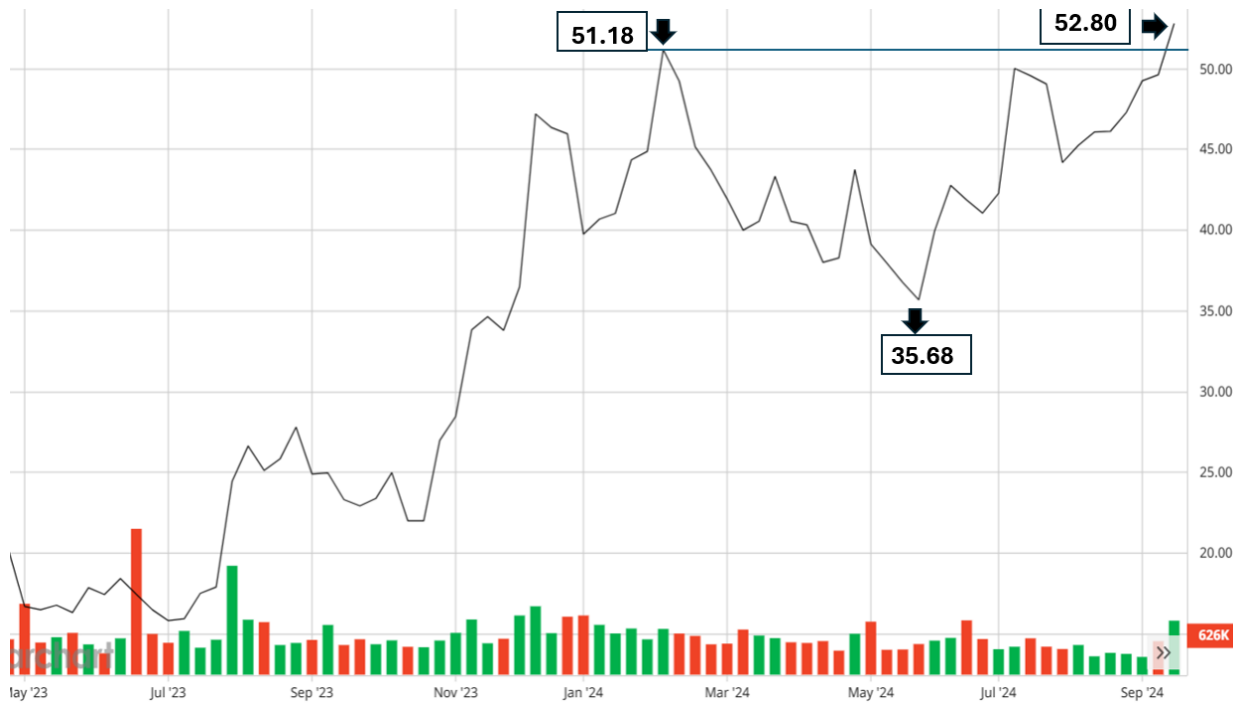
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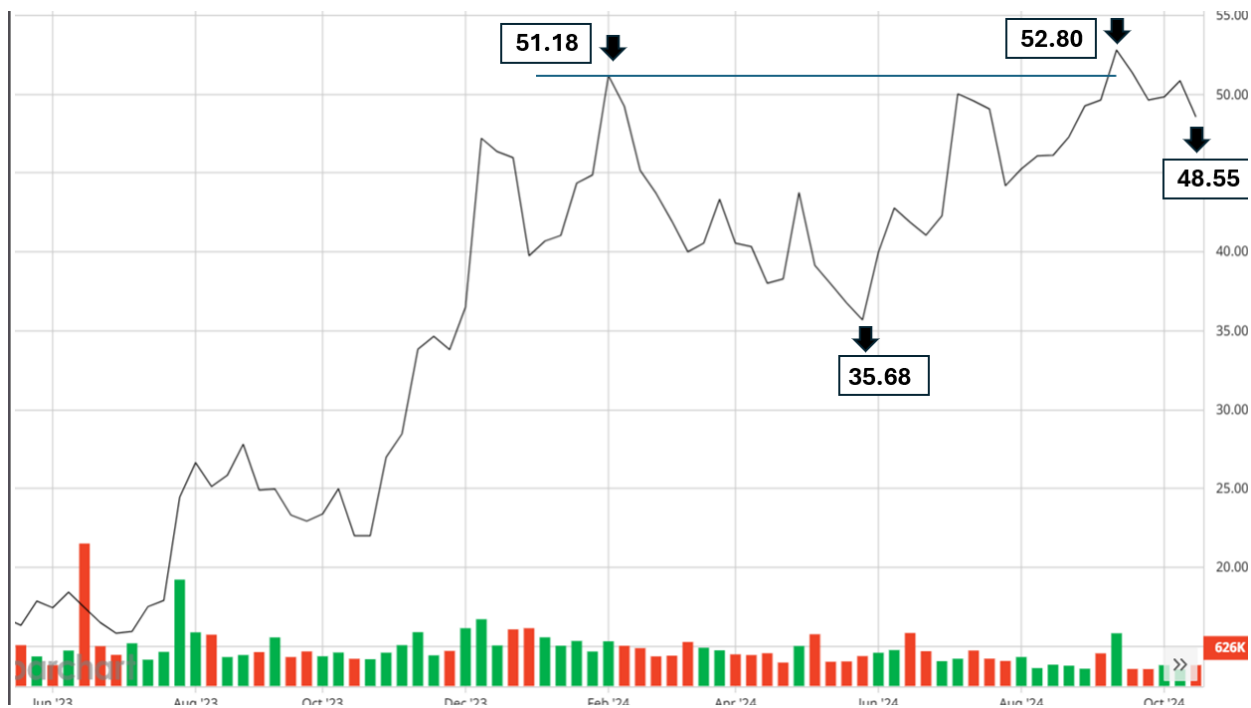
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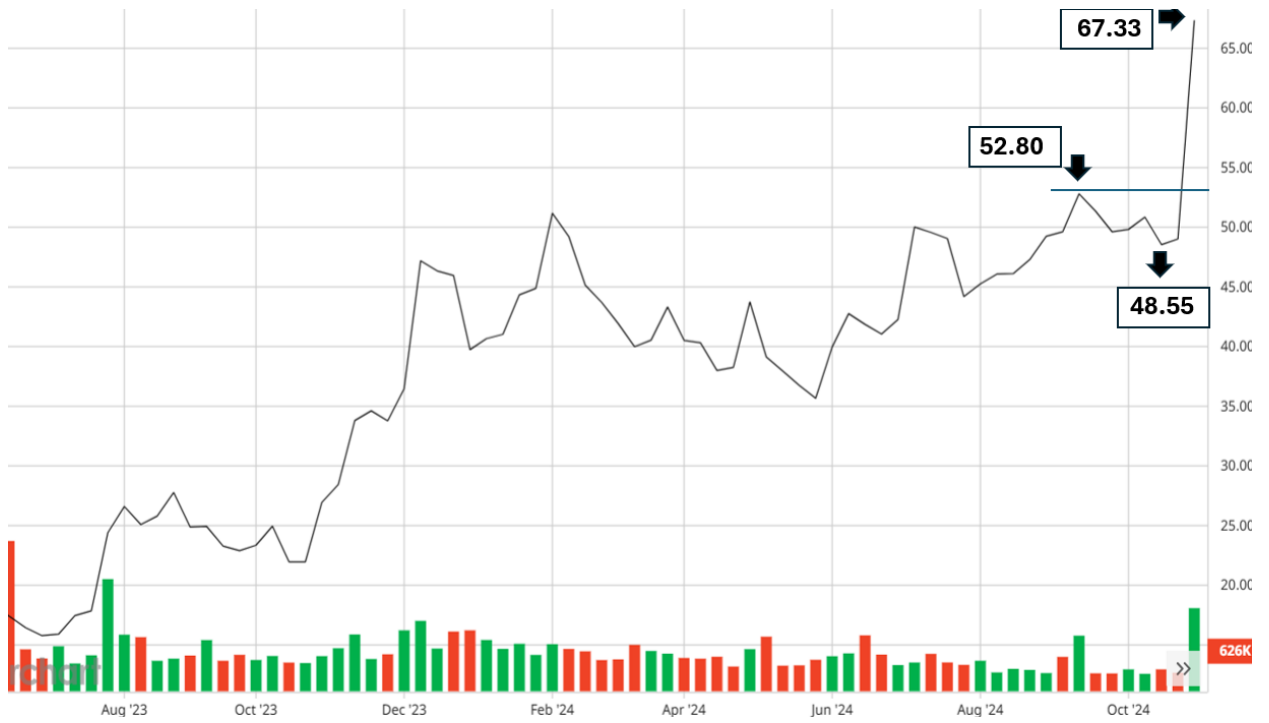
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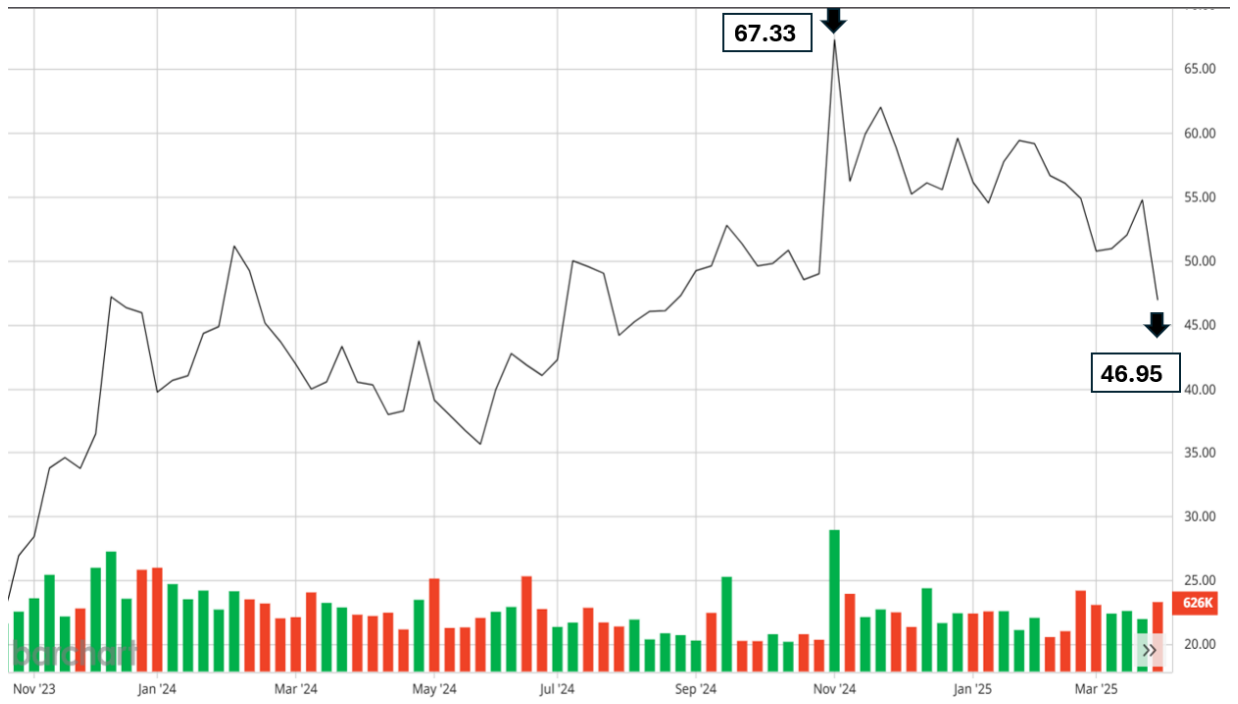
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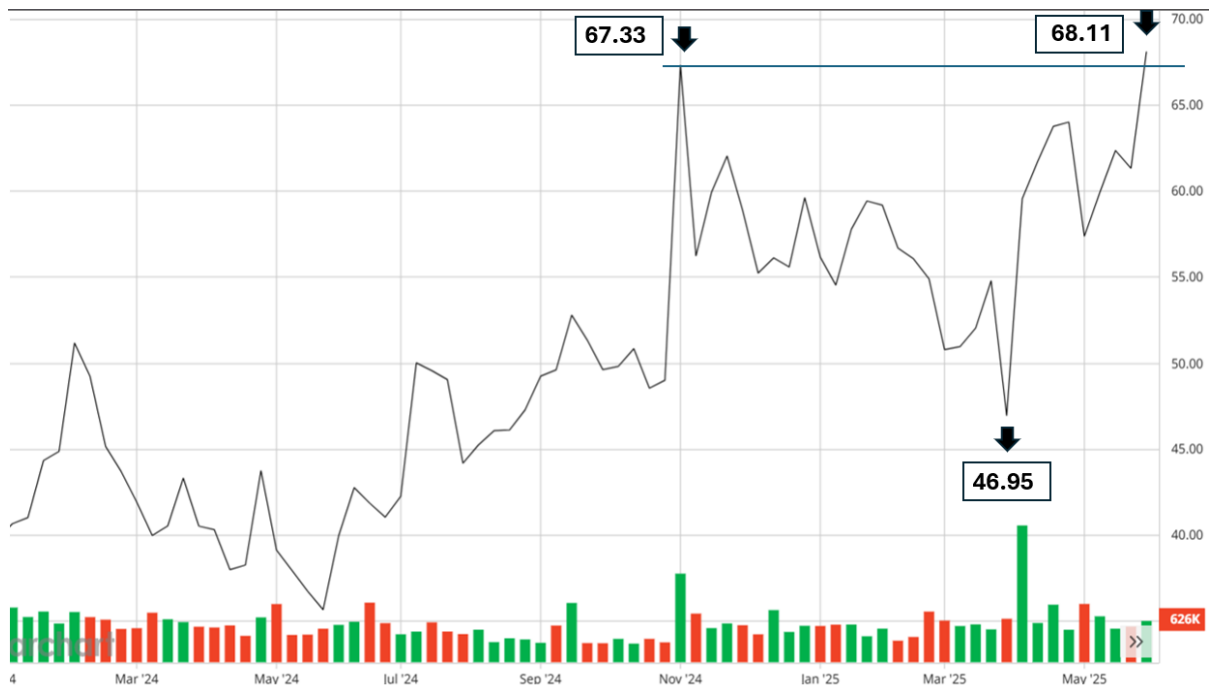
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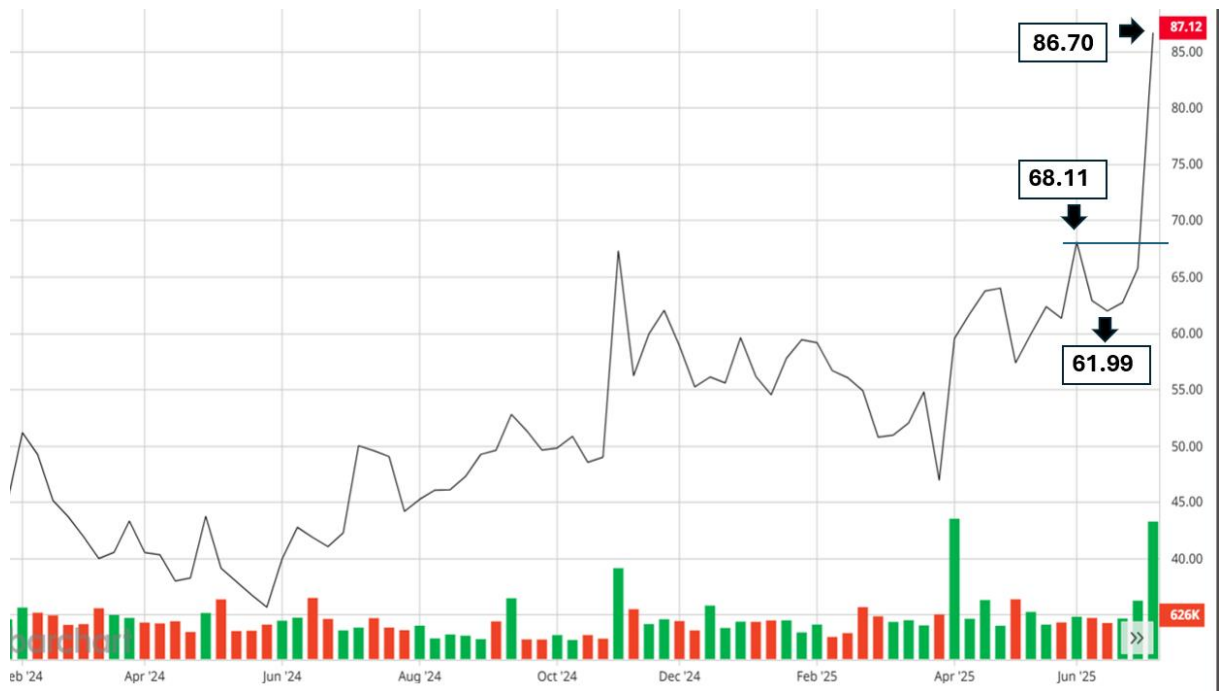
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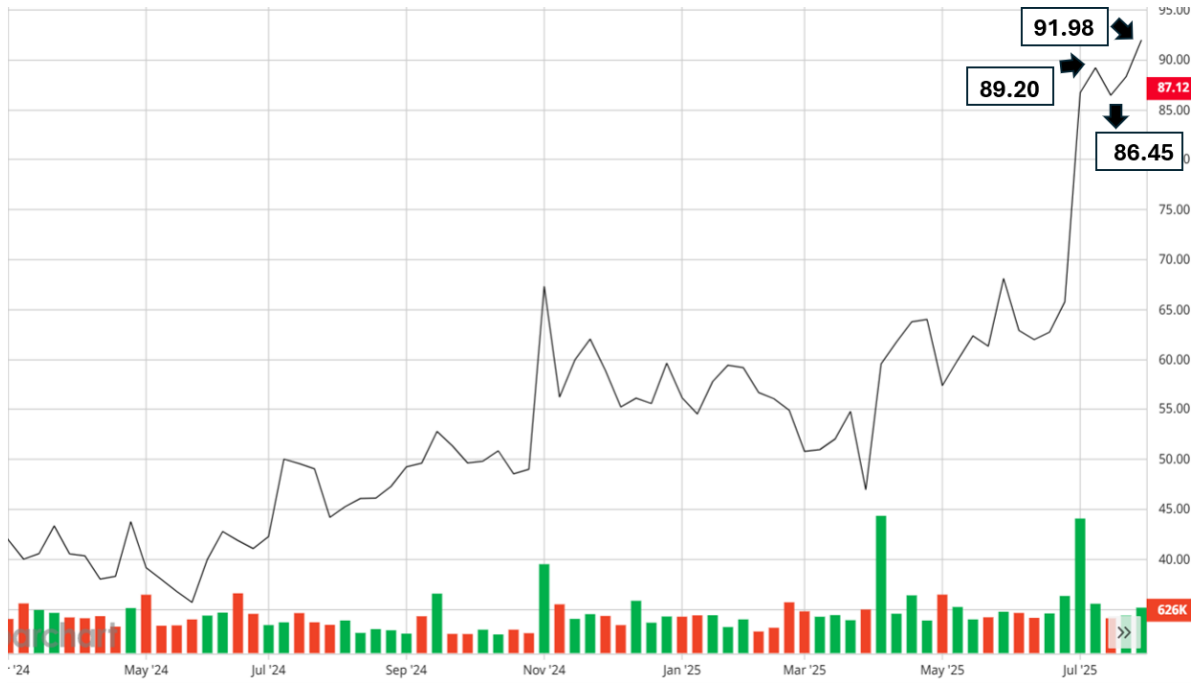
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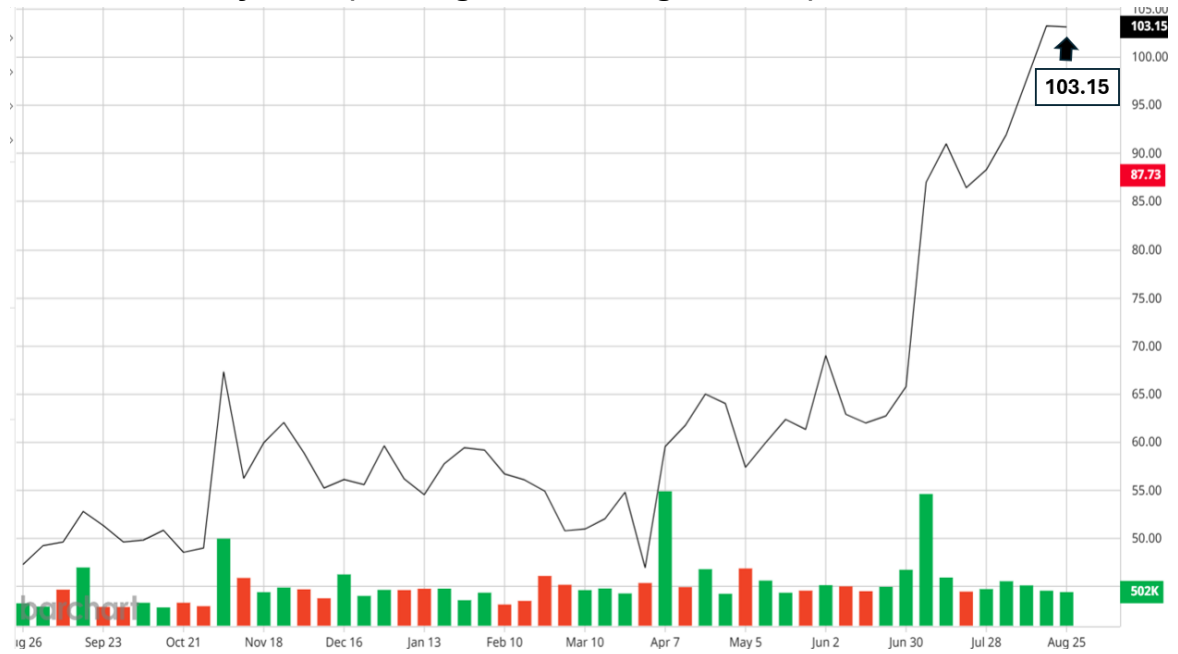


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As of Labor Day 2025 (Closing Price Of Aug 29, 2025)



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See if you can write down the answers to these questions:

1. The maximum loss I took was =
2. The maximum profit I had was =
3. From the highest account value, my biggest draw-down was =
4. If the stock offers a chance to buy now at some price over \$100....would you buy? Why or why not?
5. How many times was your mind wrong about what it thought would happen on the next page?
6. Honesty question = Will I be able to make decisions and operate in a way most people would not?
7. Finally, I know what stock this worksheet was for. I recognize the chart, and the stock is (answer on the next page but if you recognize the chart write your answer) =

RYTM

3-year weekly chart below:

